



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

Trogisch, Volker

Club: VFL 28 Ellrich

Number: 127

Course: 12.50 km

Hauptlauf

Category:

Männer M40

Total time: 50:34

Speed: 14.24 km/h

Running performance: 4:03 min/km

Rank in course/Total: 23 (of 297)

Rank in course/Men: 23 (of 234)

Best time in course: 42:14

Rank in category: 4(of 39)

Best time in the category: 48:52