



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

#### Montag, Holger

Club: SV Normania Treffurt

Number: 99

Course: 12.50 km

Hauptlauf

Category:

Männer M35

Total time: 52:29

Speed: 13.72 km/h

Running performance: 4:12 min/km

Rank in course/Total: 46 (of 297)

Rank in course/Men: 45 (of 234)

Best time in course: 42:14

Rank in category: 9(of 25)

Best time in the category: 48:20