



30. Wartburglauf Eisenach  
Eisenach / 27.09.2009

Detailed evaluation

Fleischmann, Heiko

Club: Lauffreunde Gotha  
Number: 311

Course: 12.50 km  
Hauptlauf

Category:  
Männer M45

Total time: 54:12

Speed: 13.28 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 57 (of 297)

Rank in course/Men: 53 (of 234)

Best time in course: 42:14

Rank in category: 9(of 42)

Best time in the category: 48:26