



6. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2009

Detailed evaluation

Henkel, Susanne

Club: Diedorf  
Number: 450

Course: 12.00 km  
12 km Lauf

Category:  
Frauen 18 bis 29 Jahre

Total time: 1:02:01

Speed: 11.61 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 44 (of 112)

Rank in course/Women: 2 (of 27)

Best time in course: 1:01:27

Rank in category: 1(of 5)

Best time in the category: 1:02:01