



6. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2009

Detailed evaluation

Görmar, Urte

Club: Niederdorla
Number: 380

Course: 12.00 km
12 km Lauf

Category:
Frauen 30 bis 39 Jahre

Total time: 1:02:21

Speed: 11.55 km/h
Running performance: 5:12 min/km

Rank in course/Total: 47 (of 112)

Rank in course/Women: 3 (of 27)

Best time in course: 1:01:27

Rank in category: 1(of 4)

Best time in the category: 1:02:21