



6. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2009

Detailed evaluation

**Elbert, Dieter**

Club: Hainichläufer Mühlhausen  
Number: 654

Course: 10.90 km  
12 km Walking/ Nordic Walking

Category:  
Walking/ Nordic Walking Männer

Total time: 2:08:20

Speed: 4.68 km/h  
Running performance: 11:46 min/km

Rank in course/Total: 14 (of 14)

Rank in course/Men: 4 (of 4)

Best time in course: 1:46:08

Rank in category: 4(of 4)

Best time in the category: 1:46:08