



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Nolde, Alf

Club: Dorsten
Number: 299

Course: 45.00 km
Kurzstrecke

Category:
Senioren II

Total time: 2:22:22

Speed: 18.97 km/h

Rank in course/Total: 123 (of 452)

Rank in course/Men: 121 (of 415)

Best time in course: 1:47:17

Rank in category: 37(of 175)

Best time in the category: 1:53:05