



Langenberg-Marathon  
Bruchhausen / 04.10.2009

## Detailed evaluation

Flender, Matthias

Club: RSV Osthelden  
Number: 387

Course: 45.00 km  
Kurzstrecke

Category:  
Senioren II

Total time: 2:24:00

Speed: 18.75 km/h

Rank in course/Total: 134 (of 452)

Rank in course/Men: 131 (of 415)

Best time in course: 1:47:17

Rank in category: 43(of 175)

Best time in the category: 1:53:05