



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Plonka, Michael

Club: TuS Antfeld
Number: 722

Course: 45.00 km
Kurzstrecke

Category:
Senioren II

Total time: 2:45:45

Speed: 16.29 km/h

Rank in course/Total: 284 (of 452)

Rank in course/Men: 270 (of 415)

Best time in course: 1:47:17

Rank in category: 106(of 175)

Best time in the category: 1:53:05