



Langenberg-Marathon  
Bruchhausen / 04.10.2009

## Detailed evaluation

Kool, Helen

Club: MBC Bar End  
Number: 775

Course: 45.00 km  
Kurzstrecke

Category:  
Seniorinnen I

Total time: 2:46:47

Speed: 16.19 km/h

Rank in course/Total: 291 (of 452)

Rank in course/Women: 15 (of 37)

Best time in course: 2:17:53

Rank in category: 5(of 18)

Best time in the category: 2:17:53