



Langenberg-Marathon  
Bruchhausen / 04.10.2009

## Detailed evaluation

Heimer, Norbert

Club: Wettenberg  
Number: 861

Course: 45.00 km  
Kurzstrecke

Category:  
Senioren III

Total time: 2:56:54

Speed: 15.26 km/h

Rank in course/Total: 347 (of 452)

Rank in course/Men: 329 (of 415)

Best time in course: 1:47:17

Rank in category: 26(of 35)

Best time in the category: 1:59:09