



Langenberg-Marathon  
Bruchhausen / 04.10.2009

## Detailed evaluation

Middendorf, Thomas

Club: Herten  
Number: 857

Course: 45.00 km  
Kurzstrecke

Category:  
Senioren II

Total time: 2:57:21

Speed: 15.22 km/h

Rank in course/Total: 350 (of 452)

Rank in course/Men: 332 (of 415)

Best time in course: 1:47:17

Rank in category: 133(of 175)

Best time in the category: 1:53:05