



Langenberg-Marathon  
Bruchhausen / 04.10.2009

## Detailed evaluation

**Block, Marco**

Club: Flachlandexpress  
Number: 227

Course: 45.00 km  
Kurzstrecke

Category:  
Senioren I

Total time: 3:00:34

Speed: 14.95 km/h

Rank in course/Total: 369 (of 452)

Rank in course/Men: 350 (of 415)

Best time in course: 1:47:17

Rank in category: 110(of 121)

Best time in the category: 1:47:17