



Langenberg-Marathon  
Bruchhausen / 04.10.2009

## Detailed evaluation

Hermes, Benno

Club: Vaals  
Number: 839

Course: 45.00 km  
Kurzstrecke

Category:  
Senioren I

Total time: 3:12:37

Speed: 14.02 km/h

Rank in course/Total: 408 (of 452)

Rank in course/Men: 380 (of 415)

Best time in course: 1:47:17

Rank in category: 117(of 121)

Best time in the category: 1:47:17