



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Kersthold, Frank

Club: Team Breckerfelder Bergziegen
Number: 725

Course: 45.00 km
Kurzstrecke

Category:
Senioren II

Total time: 3:16:55

Speed: 13.71 km/h

Rank in course/Total: 415 (of 452)

Rank in course/Men: 386 (of 415)

Best time in course: 1:47:17

Rank in category: 161(of 175)

Best time in the category: 1:53:05