



Langenberg-Marathon  
Bruchhausen / 04.10.2009

## Detailed evaluation

**Seifert, Steffen**

Club: Team Mc Zert  
Number: 276

Course: 45.00 km  
Kurzstrecke

Category:  
Senioren I

Total time: 3:19:00

Speed: 13.57 km/h

Rank in course/Total: 419 (of 452)

Rank in course/Men: 389 (of 415)

Best time in course: 1:47:17

Rank in category: 118(of 121)

Best time in the category: 1:47:17