



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Mankel, Martin

Club: Bestwig
Number: 490

Course: 80.00 km
Mitteldistanz

Category:
Senioren I

Total time: 3:28:20

Speed: 23.04 km/h

Rank in course/Total: 4 (of 136)

Rank in course/Men: 4 (of 125)

Best time in course: 3:21:47

Rank in category: 2(of 47)

Best time in the category: 3:22:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	1:53:07	23.87	3	6:05	5	6:05	45.00	1:53:07	23.87	26		5	
Last lap Finish	35.00	1:35:13	22.05	1	-	2	3:09	80.00	3:28:20	23.04	2	5:43	4	6:33