



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Diederichs, Martin

Club: SG Stern Kassel
Number: 835

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 3:44:02

Speed: 21.43 km/h

Rank in course/Total: 14 (of 136)

Rank in course/Men: 14 (of 125)

Best time in course: 3:21:47

Rank in category: 6(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	1:59:19	22.63	4	9:36	13	12:17	45.00	1:59:19	22.63	30		16	
Last lap Finish	35.00	1:44:43	20.05	6	12:39	15	12:39	80.00	3:44:02	21.43	6	22:15	14	22:15