



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Donat, Michael

Club: Team Stevens-Bergetappe
Number: 819

Course: 80.00 km
Mitteldistanz

Category:
Herren

Total time: 3:51:36

Speed: 20.73 km/h

Rank in course/Total: 20 (of 136)

Rank in course/Men: 20 (of 125)

Best time in course: 3:21:47

Rank in category: 3(of 17)

Best time in the category: 3:42:42

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|-------|------|--------|-----|--------|-------|---------|-------|------|--------|-----|--------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Lap 1 | 45.00 | 2:02:58 | 21.96 | 3 | 1:44 | 19 | 15:56 | 45.00 | 2:02:58 | 21.96 | 16 | | 22 | |
| Last lap Finish | 35.00 | 1:48:38 | 19.33 | 3 | 7:10 | 23 | 16:34 | 80.00 | 3:51:36 | 20.73 | 3 | 8:54 | 20 | 29:49 |