



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Rüther, Monika

Total time: 4:06:04

Club: RSV Werl-Wickede/Team Langenberg Marathon
Number: 37

Speed: 19.51 km/h

Course: 80.00 km
Mitteldistanz (Lizenz)

Rank in course/Total: 10 (of 14)

Rank in course/Women: 1 (of 2)

Best time in course: 4:06:04

Category:
Lizenzfahrerinnen

Rank in category: 1(of 2)

Best time in the category: 4:06:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	45.00	2:11:49	20.48	1	-	1	-	45.00	2:11:49	20.48	1	-	1	-
Last lap Finish	35.00	1:54:15	18.38	1	-	1	-	80.00	4:06:04	19.51	1	-	1	-