



Langenberg-Marathon  
Bruchhausen / 04.10.2009

### Detailed evaluation

Gering, Richard

Club: Wuppertal  
Number: 615

Course: 80.00 km  
Mitteldistanz

Category:  
Senioren III

Total time: 4:07:05

Speed: 19.43 km/h

Rank in course/Total: 35 (of 136)

Rank in course/Men: 35 (of 125)

Best time in course: 3:21:47

Rank in category: 3(of 10)

Best time in the category: 3:44:21

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:11:47	20.49	3	16:17	38	24:45	45.00	2:11:47	20.49	3	16:17	37	
Last lap Finish	35.00	1:55:18	18.21	3	6:27	34	23:14	80.00	4:07:05	19.43	3	22:44	35	45:18