



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Blömer, Elmar

Club: OSC Damme
Number: 696

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:11:55

Speed: 19.05 km/h

Rank in course/Total: 43 (of 136)

Rank in course/Men: 43 (of 125)

Best time in course: 3:21:47

Rank in category: 15(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:11:38	20.51	13	21:55	37	24:36	45.00	2:11:38	20.51	39		45	
Last lap Finish	35.00	2:00:17	17.46	18	28:13	50	28:13	80.00	4:11:55	19.05	15	50:08	43	50:08