



Langenberg-Marathon  
Bruchhausen / 04.10.2009

Detailed evaluation

Fuhrländer, Frank

Club: Fahrradies Racing Team Essen  
Number: 613

Course: 80.00 km  
Mitteldistanz

Category:  
Senioren III

Total time: 4:13:30

Speed: 18.93 km/h

Rank in course/Total: 44 (of 136)

Rank in course/Men: 44 (of 125)

Best time in course: 3:21:47

Rank in category: 5(of 10)

Best time in the category: 3:44:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:12:33	20.37	4	17:03	43	25:31	45.00	2:12:33	20.37	5	17:03	46	
Last lap Finish	35.00	2:00:57	17.36	5	12:06	52	28:53	80.00	4:13:30	18.93	5	29:09	44	51:43