



Detailed evaluation

Frindte, Holger

Club: Bergneustadt
Number: 868

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:19:59

Speed: 18.46 km/h

Rank in course/Total: 55 (of 136)

Rank in course/Men: 55 (of 125)

Best time in course: 3:21:47

Rank in category: 19(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	45.00	2:15:55	19.87	16	26:12	48	28:53	45.00	2:15:55	19.87	43			57	
Last lap Finish	35.00	2:04:04	16.93	21	32:00	61	32:00	80.00	4:19:59	18.46	19	58:12		55	58:12