



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Lettow, Joachim

Club: RC Tornado Rees
Number: 552

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:26:14

Speed: 18.03 km/h

Rank in course/Total: 64 (of 136)

Rank in course/Men: 63 (of 125)

Best time in course: 3:21:47

Rank in category: 21(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	45.00	2:20:54	19.16	24	31:11	68	33:52	45.00	2:20:54	19.16	45		65	0:18
Last lap Finish	35.00	2:05:20	16.76	23	33:16	67	33:16	80.00	4:26:14	18.03	21	1:04:27	63	1:04:27