



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Köhler, Lars

Club: RC Hühnerbein Klötze
Number: 787

Course: 80.00 km
Mitteldistanz

Category:
Senioren I

Total time: 4:28:39

Speed: 17.87 km/h

Rank in course/Total: 70 (of 136)

Rank in course/Men: 69 (of 125)

Best time in course: 3:21:47

Rank in category: 25(of 47)

Best time in the category: 3:22:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:24:39	18.67	30	37:37	79	37:37	45.00	2:24:39	18.67	5		71	4:03
Last lap Finish	35.00	2:04:00	16.94	22	28:47	60	31:56	80.00	4:28:39	17.87	25	1:06:02	69	1:06:52