



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Heinz, Werner

Club: Breckerfeld
Number: 562

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:32:40

Speed: 17.60 km/h

Rank in course/Total: 73 (of 136)

Rank in course/Men: 72 (of 125)

Best time in course: 3:21:47

Rank in category: 25(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|-------|------|--------|-----|--------|-------|---------|-------|------|---------|-----|---------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Lap 1 | 45.00 | 2:21:26 | 19.09 | 25 | 31:43 | 71 | 34:24 | 45.00 | 2:21:26 | 19.09 | 13 | | 74 | 0:50 |
| Last lap Finish | 35.00 | 2:11:14 | 16.00 | 29 | 39:10 | 84 | 39:10 | 80.00 | 4:32:40 | 17.60 | 25 | 1:10:53 | 72 | 1:10:53 |