



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Heinz, Werner

Club: Breckerfeld
Number: 562

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:32:40

Speed: 17.60 km/h

Rank in course/Total: 73 (of 136)

Rank in course/Men: 72 (of 125)

Best time in course: 3:21:47

Rank in category: 25(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:21:26	19.09	25	31:43	71	34:24	45.00	2:21:26	19.09	13		74	0:50
Last lap Finish	35.00	2:11:14	16.00	29	39:10	84	39:10	80.00	4:32:40	17.60	25	1:10:53	72	1:10:53