



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Arians, Arnim

Club: BSG Pohlschroder
Number: 823

Course: 80.00 km
Mitteldistanz

Category:
Senioren III

Total time: 4:36:23

Speed: 17.37 km/h

Rank in course/Total: 82 (of 136)

Rank in course/Men: 81 (of 125)

Best time in course: 3:21:47

Rank in category: 8(of 10)

Best time in the category: 3:44:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:22:42	18.92	7	27:12	75	35:40	45.00	2:22:42	18.92	8	27:12	83	2:06
Last lap Finish	35.00	2:13:41	15.71	9	24:50	88	41:37	80.00	4:36:23	17.37	8	52:02	81	1:14:36