



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Hempel, Udo

Club: Eintracht Dorstfeld
Number: 571

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:36:53

Speed: 17.34 km/h

Rank in course/Total: 83 (of 136)

Rank in course/Men: 82 (of 125)

Best time in course: 3:21:47

Rank in category: 28(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:26:23	18.44	28	36:40	84	39:21	45.00	2:26:23	18.44	4		84	5:47
Last lap Finish	35.00	2:10:30	16.09	28	38:26	78	38:26	80.00	4:36:53	17.34	28	1:15:06	82	1:15:06