



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Prost, Uli

Club: gladbeck
Number: 598

Course: 80.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:49:47

Speed: 16.56 km/h

Rank in course/Total: 97 (of 136)

Rank in course/Men: 92 (of 125)

Best time in course: 3:21:47

Rank in category: 32(of 49)

Best time in the category: 3:21:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:32:55	17.66	35	43:12	97	45:53	45.00	2:32:55	17.66	8		94	12:19
Last lap Finish	35.00	2:16:52	15.34	32	44:48	91	44:48	80.00	4:49:47	16.56	32	1:28:00	92	1:28:00