



Langenberg-Marathon  
Bruchhausen / 04.10.2009

Detailed evaluation

Albrecht, Heinz-Peter

Club: Dormagen  
Number: 676

Course: 80.00 km  
Mitteldistanz

Category:  
Senioren III

Total time: 4:50:57

Speed: 16.50 km/h

Rank in course/Total: 100 (of 136)

Rank in course/Men: 95 (of 125)

Best time in course: 3:21:47

Rank in category: 9(of 10)

Best time in the category: 3:44:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:39:59	16.88	10	44:29	107	52:57	45.00	2:39:59	16.88	9	44:29	97	19:23
Last lap Finish	35.00	2:10:58	16.03	8	22:07	83	38:54	80.00	4:50:57	16.50	9	1:06:36	95	1:29:10