



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Gerstengarbe, Jörg

Club: Team EinGangGiganten
Number: 894

Course: 80.00 km
Mitteldistanz

Category:
Senioren I

Total time: 5:00:54

Speed: 15.95 km/h

Rank in course/Total: 108 (of 136)

Rank in course/Men: 101 (of 125)

Best time in course: 3:21:47

Rank in category: 38(of 47)

Best time in the category: 3:22:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:30:15	17.97	35	43:13	89	43:13	45.00	2:30:15	17.97	18		103	9:39
Last lap Finish	35.00	2:30:39	13.94	40	55:26	106	58:35	80.00	5:00:54	15.95	38	1:38:17	101	1:39:07