



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Grobe, Michael

Club: LAC Hochsauerland
Number: 661

Course: 115.00 km
Langdistanz

Category:
Senioren II

Total time: 5:33:14

Speed: 20.71 km/h

Rank in course/Total: 5 (of 23)

Rank in course/Men: 5 (of 23)

Best time in course: 5:07:36

Rank in category: 1(of 12)

Best time in the category: 5:33:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:00:04	22.49	1	-	5	12:58	45.00	2:00:04	22.49	1	-	20	
Lap 2	35.00	1:44:41	20.06	1	-	5	10:54	80.00	3:44:45	21.36	1	-	20	
Last lap Finish	35.00	1:48:29	19.36	1	-	5	8:22	115.00	5:33:14	20.71	1	-	5	25:38