



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Kröger, Gerhard

Club: OSC Damme
Number: 744

Course: 115.00 km
Langdistanz

Category:
Senioren II

Total time: 6:02:31

Speed: 19.03 km/h

Rank in course/Total: 10 (of 23)

Rank in course/Men: 10 (of 23)

Best time in course: 5:07:36

Rank in category: 3(of 12)

Best time in the category: 5:33:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:10:32	20.68	2	10:28	8	23:26	45.00	2:10:32	20.68	3	10:28	15	
Lap 2	35.00	1:49:26	19.19	2	4:45	8	15:39	80.00	3:59:58	20.00	3	15:13	15	
Last lap Finish	35.00	2:02:33	17.14	5	14:04	13	22:26	115.00	6:02:31	19.03	3	29:17	10	54:55