



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Altmann, Thomas

Club: Team Monte-Saurus
Number: 657

Course: 115.00 km
Langdistanz

Category:
Senioren II

Total time: 6:31:04

Speed: 17.64 km/h

Rank in course/Total: 15 (of 23)

Rank in course/Men: 15 (of 23)

Best time in course: 5:07:36

Rank in category: 6(of 12)

Best time in the category: 5:33:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:25:22	18.57	9	25:18	19	38:16	45.00	2:25:22	18.57	6	25:18	10	6:52
Lap 2	35.00	2:01:48	17.24	7	17:07	16	28:01	80.00	4:27:10	17.97	6	42:25	10	16:16
Last lap Finish	35.00	2:03:54	16.95	6	15:25	15	23:47	115.00	6:31:04	17.64	6	57:50	15	1:23:28