



Langenberg-Marathon
Bruchhausen / 04.10.2009

Detailed evaluation

Thediek, Berthold

Club: TuS Engter
Number: 667

Course: 115.00 km
Langdistanz

Category:
Senioren II

Total time: 7:05:05

Speed: 16.23 km/h

Rank in course/Total: 22 (of 23)

Rank in course/Men: 22 (of 23)

Best time in course: 5:07:36

Rank in category: 12(of 12)

Best time in the category: 5:33:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	45.00	2:29:11	18.10	10	29:07	20	42:05	45.00	2:29:11	18.10	12	29:07	3	10:41
Lap 2	35.00	2:15:19	15.52	12	30:38	23	41:32	80.00	4:44:30	16.87	12	59:45	3	33:36
Last lap Finish	35.00	2:20:35	14.94	12	32:06	22	40:28	115.00	7:05:05	16.23	12	1:31:51	22	1:57:29