



3. Schlaubetal-Marathon  
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Helbig, Solvejg

Club: Eisenhüttenstadt  
Number: 1000

Course: 10.00 km  
10 km Nordic-Walking

Category:  
Nordic-Walking Frauen

Total time: 1:26:27

Speed: 6.94 km/h  
Running performance: 8:38 min/km

Rank in course/Total: 7 (of 9)

Rank in course/Women: 6 (of 7)

Best time in course: 1:15:52

Rank in category: 6(of 7)

Best time in the category: 1:15:52