



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Ledwig, Felix

Club: Diehloer Hügelläufer
Number: 366

Course: 21.10 km
Cross-Halbmarathon

Category:
männliche Jugend A

Total time: 1:26:54

Speed: 14.50 km/h
Running performance: 4:07 min/km

Rank in course/Total: 3 (of 133)

Rank in course/Men: 3 (of 99)

Best time in course: 1:22:59

Rank in category: 1(of 2)

Best time in the category: 1:26:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	43:55	4:13	1	-	7	2:29	10.40	43:55	4:13	1	-	62	
Last lap Finish	10.70	42:59	4:01	1	-	3	1:52	21.10	1:26:54	4:07	1	-	3	3:55