



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Dr. Groth, Detlef

Club: Caputher SV 1881
Number: 402

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:27:12

Speed: 14.45 km/h
Running performance: 4:08 min/km

Rank in course/Total: 4 (of 133)

Rank in course/Men: 4 (of 99)

Best time in course: 1:22:59

Rank in category: 1(of 21)

Best time in the category: 1:27:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	43:13	4:09	1	-	4	1:47	10.40	43:13	4:09	8	-	61	-
Last lap Finish	10.70	43:59	4:06	2	0:15	5	2:52	21.10	1:27:12	4:07	1	-	4	4:13