



### 3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

Tham, Karsten

Club: Eisenhüttenstadt  
Number: 444

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M40

Total time: 1:39:50

Speed: 12.62 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 16 (of 133)

Rank in course/Men: 16 (of 99)

Best time in course: 1:22:59

Rank in category: 5(of 21)

Best time in the category: 1:27:12

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	49:15	4:44	6	6:02	19	7:49	10.40	49:15	4:44	14		49	
Last lap Finish	10.70	50:35	4:43	5	6:51	17	9:28	21.10	1:39:50	4:43	5	12:38	16	16:51