



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Morawetz, Rocco

Club: Eisenhüttenstadt
Number: 336

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M30

Total time: 1:44:35

Speed: 12.11 km/h
Running performance: 4:58 min/km

Rank in course/Total: 21 (of 133)

Rank in course/Men: 21 (of 99)

Best time in course: 1:22:59

Rank in category: 2(of 10)

Best time in the category: 1:35:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	54:38	5:15	2	5:54	40	13:12	10.40	54:38	5:15	2	5:54	44	0:10
Last lap Finish	10.70	49:57	4:40	2	3:03	15	8:50	21.10	1:44:35	4:57	2	8:57	21	21:36