



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Herrmann, Mike

Club: Team Justitia
Number: 335

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:45:06

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 23 (of 133)

Rank in course/Men: 23 (of 99)

Best time in course: 1:22:59

Rank in category: 7(of 21)

Best time in the category: 1:27:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	54:01	5:11	10	10:48	34	12:35	10.40	54:01	5:11	12	0:02	42	
Last lap Finish	10.70	51:05	4:46	6	7:21	18	9:58	21.10	1:45:06	4:58	7	17:54	23	22:07