



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Reschke, Helmut

Club: Neuzelle
Number: 330

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:46:51

Speed: 11.79 km/h
Running performance: 5:04 min/km

Rank in course/Total: 30 (of 133)

Rank in course/Men: 29 (of 99)

Best time in course: 1:22:59

Rank in category: 7(of 19)

Best time in the category: 1:22:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	55:01	5:17	8	13:35	44	13:35	10.40	55:01	5:17	11		76	0:33
Last lap Finish	10.70	51:50	4:50	7	10:17	25	10:43	21.10	1:46:51	5:03	7	23:52	29	23:52