



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Töpfer, Thomas

Club: BSG Pneumant Fürstenwalde
Number: 434

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M35

Total time: 1:46:55

Speed: 11.78 km/h
Running performance: 5:04 min/km

Rank in course/Total: 31 (of 133)

Rank in course/Men: 30 (of 99)

Best time in course: 1:22:59

Rank in category: 2(of 7)

Best time in the category: 1:35:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	54:31	5:14	4	6:16	39	13:05	10.40	54:31	5:14	2	6:16	75	0:03
Last lap Finish	10.70	52:24	4:53	2	5:22	27	11:17	21.10	1:46:55	5:04	2	11:38	30	23:56