



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Hennig, René

Club: Eisenhüttenstadt
Number: 350

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M35

Total time: 1:47:18

Speed: 11.80 km/h
Running performance: 5:05 min/km

Rank in course/Total: 33 (of 133)

Rank in course/Men: 31 (of 99)

Best time in course: 1:22:59

Rank in category: 3(of 7)

Best time in the category: 1:35:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	53:17	5:07	2	5:02	29	11:51	10.40	53:17	5:07	3	5:02	74	
Last lap Finish	10.70	54:01	5:02	3	6:59	31	12:54	21.10	1:47:18	5:05	3	12:01	31	24:19