



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Koch, Björn

Club: Müllroser SV
Number: 397

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M20

Total time: 1:47:53

Speed: 11.73 km/h
Running performance: 5:07 min/km

Rank in course/Total: 36 (of 133)

Rank in course/Men: 34 (of 99)

Best time in course: 1:22:59

Rank in category: 6(of 14)

Best time in the category: 1:23:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.40	53:50	5:10	6	11:50	32	12:24	10.40	53:50	5:10	6	11:50	71		
Last lap Finish	10.70	54:03	5:03	6	12:56	32	12:56	21.10	1:47:53	5:06	6	24:46	34	24:54	