



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Wanntke, Mario

Club: SMV Eisenhüttenstadt
Number: 412

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:48:53

Speed: 11.63 km/h
Running performance: 5:10 min/km

Rank in course/Total: 38 (of 133)

Rank in course/Men: 36 (of 99)

Best time in course: 1:22:59

Rank in category: 10(of 21)

Best time in the category: 1:27:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	54:02	5:11	11	10:49	35	12:36	10.40	54:02	5:11	9	0:03	69	
Last lap Finish	10.70	54:51	5:07	10	11:07	37	13:44	21.10	1:48:53	5:09	10	21:41	36	25:54