



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Meinel, Ralf

Club: Eisenhüttenstadt
Number: 391

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:49:27

Speed: 11.51 km/h
Running performance: 5:11 min/km

Rank in course/Total: 39 (of 133)

Rank in course/Men: 37 (of 99)

Best time in course: 1:22:59

Rank in category: 11(of 21)

Best time in the category: 1:27:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	53:59	5:11	9	10:46	33	12:33	10.40	53:59	5:11	1	-	68	
Last lap Finish	10.70	55:28	5:11	11	11:44	40	14:21	21.10	1:49:27	5:11	11	22:15	37	26:28