



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Zörner, Hartwig

Club: MSV Tripoint Frankfurt (Oder)
Number: 363

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M55

Total time: 1:51:57

Speed: 11.31 km/h
Running performance: 5:19 min/km

Rank in course/Total: 47 (of 133)

Rank in course/Men: 45 (of 99)

Best time in course: 1:22:59

Rank in category: 4(of 10)

Best time in the category: 1:27:54

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 10.40 | 56:38 | 5:26 | 5 | 13:40 | 48 | 15:12 | 10.40 | 56:38 | 5:26 | 3 | 13:40 | 18 | 2:10 |
| Last lap Finish | 10.70 | 55:19 | 5:10 | 3 | 10:23 | 38 | 14:12 | 21.10 | 1:51:57 | 5:18 | 4 | 24:03 | 45 | 28:58 |