



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Gardt, Olaf

Club: Beeskow
Number: 353

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:52:22

Speed: 11.27 km/h
Running performance: 5:20 min/km

Rank in course/Total: 49 (of 133)

Rank in course/Men: 47 (of 99)

Best time in course: 1:22:59

Rank in category: 10(of 19)

Best time in the category: 1:22:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	55:17	5:18	9	13:51	46	13:51	10.40	55:17	5:18	1	-	16	0:49
Last lap Finish	10.70	57:05	5:20	14	15:32	51	15:58	21.10	1:52:22	5:19	10	29:23	47	29:23